



Avoid Toxic People

"sets in motion a process that must end in its abolition." Rabbi Jonathan Sacks

Dr. George Everly - Psychology Today article

1. Narcissistic Aggressive Person
2. The frenemy
3. The Negative Complaining Person
4. The Seductive Overly Dramatic Person

Look _____ and Look _____

"All agree that leprosy is a punishment for slander. The disease begins in the walls of houses. If the sinner repents, the object is attained. If he remains in his disobedience, the disease affects his bed and house furniture. If he still continues to sin, the leprosy attacks his own garments, and then his body."

Maimonides

Words are _____

In the year that King Uzziah died, I saw the Lord, high and exalted, seated on a throne; and the train of his robe filled the temple. **2** Above him were seraphim, each with six wings: With two wings they covered their faces, with two they covered their feet, and with two they were flying. **3** And they were calling to one another: 'Holy, holy, holy is the Lord Almighty; the whole earth is full of his glory.'

Isaiah 6:1-8: **4** At the sound of their voices the doorposts and thresholds shook and the temple was filled with smoke. **5** 'Woe to me!' I cried. 'I am ruined! For I am a man of unclean lips, and I live among a people of unclean lips, and my eyes have seen the King, the Lord Almighty.'**6** Then one of the seraphim flew to me with a live coal in his hand, which he had taken with tongs from the altar. **7** With it he touched my mouth and said, 'See, this has touched your lips; your guilt is taken away and your sin atoned for.'**8** Then I heard the voice of the Lord saying, 'Whom shall I send? And who will go for us?' And I said, 'Here am I. Send me!'"

"How can finite human beings be connected to an infinite God? How can they be connected to one another? How can there be co-operation, collaboration, collective action, families, communities, and a nation, without the coercive use of power? How can we form relationships of trust? How can we redeem the human person from his or her solitude? How can we create collective liberty such that my freedom is not bought at the cost of yours? The answer is: through words" Rabbi Jonathan Sacks

Love is _____

Genesis 16:13,14: "She gave this name to the Lord who spoke to her: 'You are the God who sees me,' for she said, 'I have now seen the One who sees me.'**14** That is why the well was called **Beer Lahai Roi**"

Genesis 24:62: "Now Isaac had come from **Beer Lahai Roi**, for he was living in the Negev."